

THE RAINBOW OF CONTEMPLATIVE EVOLUTION

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As CEN members we commit to responding to the 'tugs of divinity' within us,
sitting in stillness
holding in God's Love
situations of violence, oppression and need.

While we keep 4pm – 5pm as our sacred hour of commitment,
we know that this time is but a kernel of our sacred daily experience of Mysterious Love.

A sacred daily experience of Mysterious Love that invites us
to listen to both the God of Silence... (*Wis. 18: 14,15*) and the God of Storm... (*Job 38:1*),

to listen for that Mysterious Love that moves in our hearts and in our universe,

to hear the invitation... to surrender to LIFE... to surrender to LOVE.

As we 'attend' contemplatively to this evolution into Mysterious Love,
we journey into Mystery... journey into Light.

Mystery of **pure light**, incessantly inviting;
refracted in the spectrum of experience,
a rainbow entering our being.

Red: deep, enduring love and compassion –
unveiling itself in moments of utter wonder and awe;
presence of the Other, gazing with love.
Red: the rage of anger, cloaking the hurt;
firing our passion for justice and truth.

Orange: experiences of inner strength, stamina, courage.
The orangey brown of the soil, tilled to bring forth life:
the 'holy ground';
the humus of our being.

Warm relaxing, sunlit moments of **yellow** - or perhaps,
the yellowing of old ways of 'being', ready to be discarded.

The **green** of lush life or ... the green of envy.
Blue of the sea in which we surrender and trust;
blue, dewdrop tears that wash gently over our pains and our joys.

The **indigo** of suffering, the refining crucible,
held in strength by the God who suffers with us.

Violet: colour of insight and wisdom; colour of sadness and grief.
Contemplative listening; 'ear of the heart'; 'attending to the experience'.

But wait, one more experience lurks in the shadow - the experience of **black:**
blinded on the brink of a yawning chasm.
God - 'absent'; black envelopes us - yet the invitation continues...
...that experience too is full of invitation and a loving, personal call to life.

Contemplative evolution into Mysterious Love -
pausing throughout life to 'attend' to the colours of our experiences...

We listen to both the God of Silence... (*Wis. 18: 14, 15*) and the God of Storm... (*Job 38:1.*)
We listen for that Mysterious Love that moves in our hearts, our universe.
We hear the invitation... to surrender again to LIFE and LOVE.

What colour(s) of Mysterious Love are swirling through you this day?

What colours do you notice moving in our world, our universe?

'Sit in stillness'
'Hold in God's Love'

