Have you ever had a vague sense of being drawn into something?
Can you remember what it was like?
Did it pass quickly or linger a while?

This experience of being drawn is almost impossible to articulate in words. I sense that if we were to try, we would all find ourselves grappling with myriads of different words, expressions and images. Yet when I asked the questions above I am sure that every reader would have some ‘knowing’ of what was being asked. If you can, stay with your experience of being drawn, remember the gift it was for you, see the inner growth and wisdom to which it has taken you.

For me, being drawn comes through an innate stirring, a gentle, vague, surprising movement from within. In his book ‘Hymn of the Universe’ Teilhard de Chardin used the words “creative magnetism” which speak to me of this ‘drawing’ experience. What draws us is a creative, magnetic drawing force. It is ‘creative’ in that it seems to hold a new life energy, and it is ‘magnetic’ in that it is a force that attracts. Therefore it would seem that ‘being drawn’ is enabled through these two forces coming together as one. Sometimes this drawing sensation can be felt physically. At other times it can be glimpsed through an experience, a new perception, or through a heightened insight that seemingly comes from nowhere.

There needs to be a deep stillness within one’s being in order to catch it or behold it, like the sudden awareness that a butterfly is gently resting on your shoulder. Yet I have also been in the midst of a busy day and, out of nowhere, like lightning, there it is! In either situation my conscious awareness has changed, risen, been transformed into a newness that I did not know, perceive or see before. The best way I have of describing this ‘being drawn’ is that of a oneness of soul into Soul through a magnetic energy force which, in an instant in time enables a new consciousness to be born.
The channels for being drawn are vast and various. In my life they have come through mediums such as an object like an earthen vessel, which after years of presence in my room, suddenly reveals a new insight. It has come through a word in scripture which I have read over and over for decades but which now suddenly surprises me with the dawning of new understanding. It has also come through an unexpected encounter with someone wherein a deep sharing evolves into a meeting of souls suddenly at one in mind and heart as they dive deep - beyond the usual social niceties.

For me, this drawing has mostly come through nature, be it by silently standing before a sunrise or sunset, walking through a forest or garden, listening to the ocean or hearing the song of the birds. On one occasion I even felt drawn into an energy force of darkness and sensed being gently enveloped in an unknown nothingness of Mystery. My most powerful times of being drawn are those when I find myself gazing into a starlit night sky.

When I am aware of being drawn I am so much bigger then myself. I am so much more than I know myself to be. This experience of being drawn leads to a new consciousness of self and of this self within the cosmos. I am left with a deeper sense of being part of a greater whole.

I believe that we are constantly being drawn in such ways, but that we are often unaware of this drawing’s hidden force. Our experiences of being drawn are like moments when for an instant we penetrate a surface beyond the known and familiar. This new consciousness is rapidly rising in our world today. The veil through which we find ourselves gazing is becoming thinner and clearer.
As CEN members we have all been drawn and have committed ourselves to an hour of union in contemplation. We are drawn to a stillness of heart and mind so that a creative magnetic energy force can direct us towards the Oneness of Love and Light that empowers us to encompass all those whom we desire to draw with us.

In this special time which we set aside each day we are being creatively and silently drawn into a greater consciousness. If we do not flow with this creative magnetic force which desires to draw us into the fullness of Life then, we may well remain stagnant, with a limited conscious awareness. We may end up frozen beneath a surface that limits us and blindly leads us to feelings of helplessness, indifference, doubt, paralysis and fear as we face into the challenges that surround us everywhere.

Like stars reflecting light into the darkness of our world we are called to draw all humanity, all creation into the kindly Light of Love.

‘I have loved you with an age old love and drawn you with loving kindness.’ ii

Tess Veenker msc

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i ‘Hymn of the Universe’ Teilhard de Chardin– Harper & Row 1961
ii Jeremiah: 31:3